

# Iliada

DIO EL/ΒΓ-002

*All of these products are Wheat-Free, Gluten-Free, Unsweetened, Dairy-Free, and Vegan*



Iliada Organic Kalamata Olives in Olive Oil  
*Organic*



Iliada Organic Extra Virgin Olive Oil  
*Organic*



Iliada Organic Extra Virgin Olive Oil & Balsamic Vinegar  
*Organic*



Iliada Olive Oil & Lemon Juice  
*Natural*



Iliada Olive Oil & Red Wine Vinegar  
*Natural*



Iliada Extra Virgin Olive Oil, 4L  
*Natural*



Iliada Organic Kalamata Olives, 13kg  
*Natural*



Iliada Natural Kalamata Olives, 13kg  
*Natural*

Wheat-free 2: may contain Kamut or Spelt

Sugar Free: contains no refined cane sugar (may contain evaporated cane juice and other natural sweeteners)

Cane Free: contains no cane products (may contain other natural sweeteners)

## Organic Kalamata Extra Virgin Olive Oil

*Organic, Wheat-Free, Gluten-Free, Unsweetened, Dairy-Free, Vegan*

Iliada Organic Extra Virgin Olive Oil comes from the first cold pressing of *Koroneiki* olives, the regal, smaller variety of *Kalamata* olives, which produce the best oil. The olives are grown in groves on the slopes of the Taygetus mountains which run in the South Peloponnese, on the east side of Kalamata. Harvested by hand from November to January, the olives are cold-pressed according to centuries-old traditional methods.



Smooth fresh and full-bodied Iliada Organic Extra Virgin Olive Oil is the purest and most delicious oil available. Iliada Organic Extra Virgin Olive Oil has a naturally low acidity of less than 0.5%. It's fruity flavour and fresh aroma make it perfect for salads, bread, baking, and tossing with pasta.

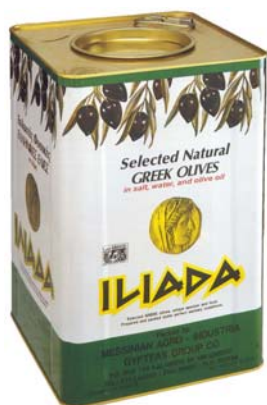
Iliada Organic Extra Virgin Olive Oil is produced according to the international standards and regulations for organic farming (Regulation 2092/91 of the EU) under DIO's supervision. No chemicals are ever used, neither to treat the oil nor on the trees.

## Organic Kalamata Olives In Organic Olive Oil

*Organic, Wheat-Free, Gluten-Free, Unsweetened, Dairy-Free, Vegan*

Iliada Kalamata olives are grown in the Kalamata region of the southern Peloponnese, in the south of Greece. They are hand-picked and cured the same day, then pressed in Iliada's Organic Kalamata Extra Virgin Olive Oil.

Iliada Organic Olives have a firm texture and rich flavour. They are produced according to the international standards and regulations for organic farming (Regulation 2092/91 of the EU), under DIO's supervision. There is no use of chemicals on oil or trees.



## Organic Extra Large Kalamata Olives, 13kg

*Organic, Wheat-Free, Gluten-Free, Unsweetened, Dairy-Free, Vegan*

Highly prized for their flavour, Kalamata olives are the pride of Greek olive growers. Iliada Kalamata olives are grown in the Kalamata region of the southern Peloponnese, in the south of Greece. They are hand-picked and cured in wine vinegar, then packed in salt, water, and olive oil.

Wheat-free 2: may contain Kamut or Spelt

Sugar Free: contains no refined cane sugar (may contain evaporated cane juice and other natural sweeteners)

Cane Free: contains no cane products (may contain other natural sweeteners)

## Organic Extra Virgin Olive Oil & Organic Balsamic Vinegar

*Organic, Wheat-Free, Gluten-Free, Unsweetened, Dairy-Free, Vegan*

The Iliada blend of Organic Extra Virgin Olive Oil and genuine Organic Balsamic Vinegar, is excellent for flavourful dressings and marinades.

The exceptional quality products mix to make a sublime dressing for salads and appetizers.



## Extra Virgin Olive Oil and Wine Vinegar

*Natural, Wheat-Free, Gluten-Free, Unsweetened, Dairy-Free, Vegan*

The ILIADA blend of Extra Virgin Olive Oil & of Red Wine Vinegar is an excellent idea for dressings full of flavour. The two of excellent quality products combine to make a wonderful dressing for your salads and appetizers.

An attractive and convenient combination.



## Extra Virgin Olive Oil and Lemon Juice

*Natural, Wheat-Free, Gluten-Free, Unsweetened, Dairy-Free, Vegan*

This is the best for grilled fish and green salads – light, tangy and delicious. Both products are conveniently packaged in a single attractive bottle. Simply shake well and drizzle over food – the flavours will come alive!

## Kalamata Extra Virgin Olive Oil, 4lt

*Natural, Wheat-Free, Gluten-Free, Unsweetened, Dairy-Free, Vegan*

Iliada Kalamata Extra Virgin Olive Oil is available in 4 litre tins. This quality oil is from the first and cold pressing of the Kalamata olives. Harvested and cold-pressed without the use of chemicals or preservatives, it is a smooth, fresh and full-bodied gourmet Greek olive oil.

Olive Oil is the richest source of monounsaturated fats in a healthy diet. Enjoy the flavour and aroma with vegetables, sauces, salads, fish and meats.



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## Extra Large Kalamata Olives, 13kg

*Natural, Wheat-Free, Gluten-Free, Unsweetened, Dairy-Free, Vegan*

Highly prized for their flavour, Kalamata olives are the pride of Greek olive growers. Iliada Kalamata olives are grown in the Kalamata region of the southern Peloponnese, in the south of Greece. They are hand-picked and cured in wine vinegar, then packed in salt, water, and olive oil.

Kalamata olives are low in oleuropein content – the component which produces the bitter flavour in olives – making them ‘sweeter’ than other olives. Iliada Organic Olives have a firm texture and rich flavour.

Extra Large Kalamata Olives (201-230 olives/kg) are now available in great value 13 kg containers.



Order Code	Description	Size
100826	Iliada Organic Kalamata Olives In Organic Olive Oil	280gm
100827	Iliada Organic Kalamata Extra Virgin Olive Oil	500ml
101341	Iliada Organic Extra Virgin Oil Olive & Balsamic Vinegar	200ml
101712	Iliada Extra Virgin Olive Oil and Wine Vinegar	200ml
101711	Iliada Extra Virgin Olive Oil and Lemon Juice	200ml
101342	Iliada Kalamata Extra Virgin Olive Oil	4lt
101343	Iliada Organic Extra Virgin Olive Oil	208lt
101395	Iliada Organic Extra Virgin Olive Oil	20lt
101419	Iliada Extra Large Kalamata Olives	13kg
101583	Iliada Organic Extra Large Kalamata Olives	13kg



World Whole Foods, Pontus House, 3-5 Geelong St, Fyshwick ACT 2609 PO Box 7185, Canberra BC ACT 2610  
Ph: 1300 OK FOOD (1300 65 3663) or +61 2 6280 9313 Fax: +61 2 6280 9302  
[www.worldwholefoods.com](http://www.worldwholefoods.com) [info@worldwholefoods.com](mailto:info@worldwholefoods.com)

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